







## **ABOUT ME**

I'm Suzanne, your skin specialist.

Having worked in the industry in leading salons and clinics, I decided to open my own Medispa/Laser Skin Clinic in 1998, in the heart of Essex, where we achieved the Phorest Client Satisfaction Award, 7 years running, since 2015.

I have worked within the industry, which is constantly evolving, for 29 years, building a talented team of 14 therapists. We have been providing treatments to clients and have helped countless women, and men, feel more confident about themselves and their skin.

Now, after relocating to Kingsbridge, in the beautiful South Hams, I want to bring my love of skincare and treatments and, specialise in those treatments that I am most passionate about.

Throughout my time as a therapist I have always thought it important to refresh my knowledge and study regularly, which gives me confidence to tackle the most complex of skin concerns. I have carefully researched and selected what I believe to be the most effective and professional skincare treatments and products available and offer them here for you.





# COMCIT FACIAL TREATMENTS

#### The Frozen Facial

60 Minutes £95

The most effective and advanced skin rejuvenation treatment yet, tackling lines, wrinkles and pigmentation. Enjoy a full cleanse and gentle exfoliation, followed by our ground-breaking COMCIT treatment, using Cryo Oxygen and Micro Rollers to infuse the skin with a potent Infusion, tailored to tackle your skins concerns and stimulate collagen production. Then lie back while your therapists applies a Crystal Clear face mask to suit your skin type, giving you an extra hit of hydration, firming and lifting.

#### The Elite Frozen Facial

75 Minutes £110

Enjoy a Beauty Flash microdermabrasion treatment to your face and neck before your Frozen Facial.

The H20 Glow 60 Minutes £95

Crystal Clear's most intense hydration treatment yet, giving red carpet ready results. The H20 Glow facial delivers freezing cold oxygen throughout the epidermis to nourish and invigorate skin cells, while the COMCIT roller allows Hyaluronic Acid to reach deeper dermal layers via micro-channels; plumping and re-balancing the skin from the inside out. The result is brighter, fresher, hydrated skin that glows with a youthful radiance.





# COMCIT FACIAL TREATMENTS

## The Clear & Bright

60 Minutes £95

Our pigmentation diminishing facial uses powerful skin brightening/ lightening actives to tackle pigmentation and uneven skin tone. The infusion is packed with a unique and powerful active skin lightening ingredient (Neurolighta) proven to help rebalance uneven skin tone.

## The Acne Targeting Facial

60 Minutes £95

This proactive treatment stimulates the synthesis of the epidermal cells, reducing redness and inflammation, and allowing skin to take on a whole new radiance.

#### The Acne Scar Treatment

60 Minutes £95

Scar tissue, whether raised, flat or indented, is usually abundant in collagen. This treatment will allow the remodelling of scar tissue therefore producing smoother, better looking and softer skin.

#### What is the COMCIT TDO?

Cryo Oxygen Microchannelling Collagen Induction Therapy offers the simultaneous delivery of Cryo Oxygen whilst our unique Microchannelling Roller creates hundreds of microscopic channels in the skin's epidermal/ dermal junction, allowing the topical infusion of powerful skin rejuvenation ingredients to be driven into the skin. Resulting in:

- Instantly smooth, fresh, firmer, plumper and more youthful skin.
- Reduced lines and wrinkles.
- Tauter, more rejuvenated skin.
- Promotion of new Collagen growth.





# MICRODERMABRASION TREATMENTS

### The Beauty Flash Facial

30 Minutes £40

This can be a preparation treatment prior to a skin peel and Cryo Oxygen therapy or given as a stand alone treatment.

#### The Microdermabrasion Facial

50 Minutes £60

Skin is expertly cleansed, Microdermabrasion tackles lines, wrinkles, pores, blackheads and dull skin, then our Mini Lift Mask is applied to hydrate and firm.

#### The Deluxe Microdermabrasion Facial

75 Minutes £75

The ultimate in skin rejuvenation. Starting with a mini back massage, then enjoy our full Microdermabrasion Treatment, and ending with an additional moisture hit. Great for very dry or dehydrated skin.

## The Hand Rejuvenation

30 minutes £35

Pigmentation and sun damage are lessened while the skin is plumped up and left looking more youthful.

### What is Microdermabrasion?

The celebrities' favourite, Crystal Clear is THE original Microdermabrasion brand. By gently exfoliating the skin with Aluminium Oxide Crystals, Microdermabrasion can be used to solve a wide range of skin conditions on the face. Rejuvenating, smoothing lines and wrinkles, brightening dull, dehydrated skin and tackling blackheads and pores. It's also very effective for reducing acne scarring and pigmentation caused by sun damage.





# CRYO OXYGEN THERAPIES

#### The Radiant Red Carpet Treatment

55 Minutes £65

If you are craving an instantly radiant, dewy, glowing skin, perfect for a red carpet event, this refreshing, hydrating and plumping facial starts with a double cleanse followed by an oxygen exfoliation to remove dead skin cells. Skin is instantly firmer and lifted as our intense anti-ageing Oxygen infusion works from the inside out.

#### The Acne Relief Treatment

50 Minutes £70

Let the healing, anti-bacterial power of Oxygen work on problem skin. Enjoy an expert cleanse and gentle exfoliation, then our powerful Oxygen Serum and Oxygen Therapy Machine are used to soothe and calm inflammation. Moisture is locked in and skin purified with a Crystal Clear face mask, chosen to suit your skin type.

## The Deluxe Oxygen Therapy Treatment

75 Minutes £80

An unrivalled luxury for tired, ageing skin. Lie back and have your tensions soothed away with a mini back massage, then revel in our Oxygen Therapy Facial, followed by our Mini Lift Mask for extra firming and hydration.

### What is Cryo Oxygen Therapy?

Oxygen Serum and our pure Oxygen technology treatments breathe new life into tired aged skin. It is used to rejuvenate skin from the inside out, plump out lines and wrinkles, lift and firm lax skin, soothe and calm breakouts, reduce inflammation in acne and hydrate skin giving an instant glow. Perfect for damaged skin as the use of pure oxygen creates an energising and healing effect to the skin cells. Also perfect for acne prone skin due to the anti-bacterial effects of both oxygen, perfluorodecalin and apple extract, helping to eliminate toxins.





# PRIME & PEEL TREATMENTS

# What are Prime & Peel Treatments?

This is our six step peel, polish and glow treatment which focuses on pigmentation, breakouts, congestion, ageing, dull skin, uneven skin texture, refining pores, sun damage and fine lines.

The	Express 7	Treatment
	LAPICSS	11 Catiff Cit

1-2 layer peel

#### The Deluxe Treatment

2-4 layer peel with cryogenic mask

30 Minutes £35

60 Minutes £60





## DERMALUX LED FACIAL

This uses only the three most clinically proven wavelengths backed by science for outstanding and lasting results.

Uniquely delivering multi-wavelength treatments tailored to your skin condition;

- Blue light Blemish fighting light destroys the bacteria causing spots whilst improving skin clarity without irritation. Also provides a calming effect for problem skin.
- Red light Rejuvenating light energises the cell to accelerate renewal, boost collagen and elastin production and increase hydration for smoother firmer skin. Ideal for restoring vitality and glow.
- Near Infrared light Regenerating light offers advanced rejuvenation benefits, promotes healthy skin, calms redness and irritation, and reduces pigmentation.

Dermalux instantly revitalises a tired and dull complexion. After just one treatment skin is hydrated, plump and radiant, and redness and irritation is calmed. LED Phototherapy also promotes a feeling of wellbeing, helping to relieve the stresses and strains of everyday life!

LED light therapy leaves your skin visibly plumper and more radiant after just one treatment, whilst stimulating cellular activity beneath the surface of the skin to create a healthy, long lasting effect. LED is a safe and effective non-invasive treatment.

The benefits of LED Light Therapy include;

- Clinically proven treatment with visible result
- Produces an instant lift with long term facial contouring
- Softens the appearance of fine lines and wrinkles
- Improves the appearance of sun damage
- Heals redness caused by acne, rosacea and eczema
- Restores radiance
- Promotes the body's own natural healing process

30 minute treatment20 minute add-on treatment

£45

£25





# WAXING, SHAPING & TINTING

For hair removal, waxing is a fast and effective way to remove unwanted hair, using a soothing cream wax.

#### Waxing:

Basic bikini line	£14
High bikini	£18
Brazilian	£27
Hollywood	£32
Full leg and basic bikini line	£34
Full leg	£28
Lower leg	£18
Upper leg	£20
3/4 leg	£22
Underarm	£10
Full arm	£18
Forearm	£14
Back	£25
Chest	£25
Upper lip	£8
Chin	£8
Combined lip and chin	
Eyebrow shape	

## Shape & Tinting:

Eyebrow shape	£14
Eyebrow tint	£17
Combined eyebrow shape and tint	£22
Combined eyelash and brow tint	£.25

(Please ensure you allow time for the required yeast patch test 48 hours prior to treatment)





## FREE SKIN CONSULTATION

All of my skin therapy treatments come with a free, face-to-face, 15-minute skin consultation, prior to your appointment. This time is used to assess which treatment will suit your skin best and discuss any questions you may have.

## ADVANCED PURCHASE OFFER

As I always recommend a minimum course of 6 treatments, I am offering clients the chance to take advantage of my special offer discount, BUY 6 FOR THE PRICE OF 5, when paying in advance. (This offer does not apply to waxing and tinting).

## **GIFT VOUCHERS**

If you are looking for an extra special gift idea, then a Skin Radiance Voucher could make the perfect present for a loved one or friend. This can be for a set amount of your choosing or for the value of a specific treatment you know they would love.

## CANCELLATION POLICY

If you need to re-arrange or cancel your appointment, for whatever reason, please, where possible, provide 48 hours notice.

## **CONTACT DETAILS**

A Skin Radiance @ The Spa
Best Western
The Dartmouth Hotel Golf & Spa
Blackawton
Dartmouth
Devon TQ9 7DE

M 07739 724613

E suzanne@skinradiance.co.uk